

#### **INTERNATIONAL DAYS**

### Theme 2024: Democracy or Democrazy: navigating the impact of AI on society.

In an era where Artificial Intelligence is evolving at an unprecedented pace, it's important that we examine its role within democratic societies.

#### Does Al fortify democratic values or does it pose a potential threat?

We want to believe AI is a catalyst for strengthening democracies, increasing citizen participation. However, there have been negative examples of its impact threatening the power of democracy, leading to biases and a diluted form of democracy, perhaps a 'democrazy'.

Let's explore and gain insight in this topic together so we can strive for a future where AI strengthens democracy!

**Link to General information International Days** 





# **International Days 2023-2024 Programme Nutrition & Dietetics**

Date / Place	Time	Content
Monday 18/3 Campus Geel Room P218	13:50 – 17:00	13:50 : Karin picks you up at the reception main building Campus Geel (building with flag Thomas More)  14:00 – 14:45 Welcome Presentation Thomas by More Karin Van Ael – Nutrition & Dietetics by Hilde Boeckx, Program manager Development BIP & COIL with partners by Karin Van Ael Summerschool, by Aline Pieters  14:45 – 15:30 Campus Tour with Karin en Marleen  15:30 – 17:00 Short presentations Universities incoming partners Nutrition & Dietetics Networking with international guests Nutrition & Dietetics.
	19:00	Dinner Restaurant Market Place Geel : Brasserie 'De Post', offered by the Unit of Life Sciences & Chemistry, Thomas More
Tuesday 19/3 Campus De Nayer Organised by International Office (IO) Transport to the campus by bus, provided by IO Departure bus 10:15 In front of main building.	11:30 – 22:00	Central day with networking opportunity International Guests & Thomas More staff  11:30 – 12:10: Reception of all International Guests & Welcome by Sofie Mols, Director Innovation & Internationalisation  12:10 – 13:20: Lunch offered by Thomas More@Campus De Naeyer  13:20 – 14:30: Introduction, by Caroline Gennez, Minister of Development Coordination & Major cities  'Sacrificing democratic values on the altar of Artificial Intelligence' (AI) by Keynote speaker Pieter Van Boheemen  15:00: train to Mechelen

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Responsible Thomas More: Véronique Garcia-Alonso +32/486 91 77 84		15:30 – 17:30 : Networking activities Mechelen  18:00 Dinner offered by Thomas More in Mechelen  21:00 : Transport back to Geel or Antwerp by bus		
Wednesdaymorning 20/3 – Campus Geel Room : Agora (central hall )	9:00 – 12:00 12:00 – 13:15	Plenary sessions with colleagues from Social Work, Nutrition and dietetics, lab Technology and chemistry  Theme: 'Opportunities and challenges presented by AI in the professional practice' Keynote speakers: - Vince Buyssens (Digital consultant and teacher at Thomas More; Fadawah) - Wouter Van den Bosh (R&D program manager Health & AI at IMEC Belgium) - Ms Lucilla Siola: 'The EU approach to Artificial intelligence that aims to ensure humane and reliable applications of AI'. Director for "Artificial Intelligence and Digital Industry" within DG Connect:  Lunch offered by Thomas More @Campus Geel		
Wednesday afternoon 20/3 – Campus Geel Room E119 Room E111	13:15 – 14:45	Parallel sessions for students &staff Room E119  13:15 – 14:00 The position of a putritional theoretic in the	Parallel sessions for students & staff Room E111  13:15 – 14:45	
Parallel sessions by International quests Nutrition & Dietetics  Audience: students & staff Thomas More & International partners		The position of a nutritional therapist in the Czech Republic and the dietary system in hospitals  By Nadezhda Borzenko, Lecturer in Dietetics, Department of Physiology and Pathophysiology, Faculty of Medicine, University of Ostrava, Czech republic.  14:00 – 14:45  Effect of long-term nutritional intervention on changes in bone density and body composition in athletes at risk of low energy availability.  By Jan Konvička, Assistant lecturer Nutrition & Dietetics & Nadezhda Borzenko, Lecturer in Dietetics Department of Physiology and		

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		Pathophysiology, Faculty of Medicine, University of Ostrava, Czech republic	
	14:45 – 15:00	Break	Break
	15:00 – 16:30	15:00 – 15:45 Nutrition situation in Kenya: nutrition transition on the rise of NCD's (noncommunicable diseases). By Regina Kamuhu, Lecturer Food, Nutrition & Dietetics, Kenyatta University, Nairobi, Kenya.	15:00 – 15:45 The role of emerging agri-nutrition concept in dietetics practices in Kenya. Dr. Peter Chege, Senior Lecturer / Head of Department Food, Nutrition and Dietetics, Kenyatta University, Nairobi, Kenya
		15:45 – 16:30 Gut microbiome and blood glucose control in type 1 diabetes. By Jumana Abuqwider, lecture Public Health Nutrition, Faculty of Public health, Al Quds University, Jerusalem, Palestine	15:45 – 16:30 The effect of a nutritional intervention on the nutritional status of persons at risk and diagnosed with Parkinson's disease. By Jan Konvička, Assistant lecturer Nutrition & Dietetics, Department of Physiology and Pathophysiology, Faculty of Medicine, University of Ostrava, Czech republic
	16:30 – 17:15	Possibility for 'Speed date' students with international guests (E119)	
	17:30 – 21:00	Dinner offered by Thomas More @Campus Geel  • Evening dinner together with colleagues and guests from different programmes at campus Geel.	
Thursday 21/3 – Campus Geel Incoming International lecturers coach students in duo with TM lecturers	8:15 – 16:30	Multidisciplinary and project based day  Hackathon with students from different programmes.  Theme: How can Al increase (e)quality for all?  Starting from the principles from Sustainable Development Goals and learning about Al from an international expert.  8:15 – 8:30 Reception with coffee 8:30 – 9:00 Briefing of incoming and TM lecturers on the day 9:30 – 12:15 Getting acquainted with the first phases of the design thinking methodology through knowledge clips together with a group of students and a co-lecturer from Thomas More.	

MORE		12:15 – 13:15 Lunch offered by Thomas More @Campus Geel 13:15 – 16:00 Getting acquainted with the first phases of the design thinking methodology through knowledge clips together with a group of students and a co-lecturer from Thomas More.
		16:00 Wrap up and Closing words
	17:30 – 21:00	Dinner offered by Thomas More@Campus Geel  Belgian beer tastings and networking opportunities  Evening dinner together with colleagues and guests from different programmes at campus Geel.
Friday 22/3	10:00 – 12:00	Visit <u>Tops Foods</u> , food company near Geel ( collaboration with Thomas More regarding nutritious meals for people with special needs, via research team Mobilab&Care )
	12:30	Lunch in Geel City or Campus & Goodbye – at own cost

## International guests Nutrition & Dietetics & contact International Days March 2024

Who	Job title/position	Field of expertise	Contact
Hazem Agha  Dean Public Health Nutrition- Facu of Public Health, Al Quds University East Jeruzalem, Palestine		Assistant professor of Public Health Nutrition and the Dean of Faculty of Public Health - Al-Quds University.  He acted as an external and internal examiner for a number of Master Theses at different Universities.	hagha@staff.alquds.edu
Jumana Abuqwider	Lecturer Nutrition&Dietetics, Public Health Nutrition Department, Faculty of Public Health, Al Quds University, East Jeruzalem, Palestine	Dietitian and nutritionist. Early stage researcher-European Union. Lecturer at Al-Quds University. Specialist in gut microbiome in health and disease	jqwider@gmail.com
Suzanne van der Plas	Placement coordinator Nutrition & Dietetics, Hogeschool van Amsterdam, The Netherlands	Nutrition & Dietetics	s.e.van.der.plas@hva.nl
Nadezhda Borzenko	Lecturer in Dietetics, Department of Physiology and Pathophysiology, Faculty of Medicine, University of Ostrava, Czech republic	PhD student in Clinical Neuroscience, research on the effect of diet on Parkinson's disease.  Nutrition in prevention and medical nutrition  Supervision of professional practice of dietetics students at the Nutrition Counselling Centre of the Faculty of Medicine of the University of Ostrava.	nadezhda.borzenko@osu.cz

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Jan Konvička	Assistant Nutrition and dietetics, nutritional therapist	Graduated in nutritional therapy and in regeneration and nutrition in sport.	jan.konvicka@osu.cz
	Department of Physiology and Pathophysiology, Faculty of Medicine, University of Ostrava, Czech republic	Research during postgraduate study focused on nutrition in sport, mainly focused on Relative energy deficiency in sport (RED-S). Teaching nutrition therapy & nutritional counselling.	
Anna Tomczyk	Erasmus Institutional Coordinator, International Office Collegium Humanum and College of Rehabilitation, Warsaw, Poland	Over 9 years experience in managing Erasmus projects. Used to work in multitasking way in multicultural environment. Looking for new partner universities and new challenges.	anna.tomczyk@wsr.edu.pl
Hillevi Prell	Senior Lecturer in Food and Nutrition, Department of Food and Nutrition and Sports Science/Faculty of Education, University of Gothenborg, Sweden	PhD, BSc in Foodservice Management Research in the food habits of children and adolescents and influencing factors, barriers, and possibilities for health promoting school meals, and the meaning of the school meal heritage.	hillevi.prell@ped.gu.se
Cecilia Magnusson Sporre	Senior Lecturer in Food and Nutrition, Department of Food and Nutrition and Sports Science/Faculty of Education, University of Gothenborg, Sweden	PhD in Culinary Arts and Meal Science, and a BSc in Education. Gastronomic background as a chef. Research interest focused on the complexity of meal making in public and private meal service, particularly in school meals.	cecilia.magnusson.sporre@gu.se
Peter Chege	Senior Lecturer / Head of Department Food, Nutrition and Dietetics, Kenyatta University, Nairobi, Kenya	PhD (Kenyatta University), Msc (Kenyatta University) and Bsc (Egerton University) in Food, Nutrition & Dietetics. I also hold an MBA (Strategic Management)- JKUAT.  Over 21 years of experience working with both local and international organizations.  Former Senior positions with the Lutheran World Federation, World Vision, UNICEF and Ministry of Health among other Organization.  Expertise in food preservation, food product development, conducting nutrition research, development of nutrition training materials and nutrition data analyses.	chege.peter@ku.ac.ke
Regina Kamuhu	Lecturer Food, Nutrition & Dietetics, Department Food, Nutrition and Dietetics, Kenyatta University, Nairobi, Kenya	Licensed clinical nutrition scientist with expertise in nutrition in disease management.	kamuhu.regina@ku.ac.ke